

Meditation



2023

Meditation

THE PARABLE OF THE SOWER

Ambiance

- Find out a comfortable position where you can pray quietly for a few minutes. Try to make silence in your heart. This alone allows listening to the Word and projecting some action in response to the Word heard.

God's word

In the Gospel of St. Luke, chapter 8, verses 5-8, we come across the parable of the sower. It invites us to become aware of the importance of the Word of God and the centrality it must assume in the lives of believers. Also, pay attention to the way we welcome, listen and make it available in order to be the “good land”, which bears abundant fruit in our daily life.

The Parable of the Sower Lc 8, 5-8

«A sower went out to sow his seed. As he sowed, some seed fell by the wayside, was trampled under foot, and the birds of the sky ate it up. Another fell on the rock and, after having germinated, withered due to lack of moisture. Another fell among thorns, and the thorns, growing with it, choked it. Another fell on good soil, and once it sprouted, it bore fruit a hundredfold.” Saying this, he cried out: “Whoever has ears to hear, let him hear!”

Reflection

It is not enough to welcome the Word with joy - we must allow it to bear fruit in us through patience and perseverance. It is not enough to listen to it – we must guard it, not allow the enemy to suffocate it in us. It is necessary to meditate on it so that it transforms us and renews our life. Hungry for her, cherish her. She is the source of life and guarantee of life for us.

We live in the midst of a hurricane of words: publicity, propaganda, political speeches... Our minds are like polished stones, which do not let water penetrate.

We often feel confused, shaken and insecure. We complain about life and the system that seems to go from bad to worse not knowing “where this is going”.

We criticize younger people for their boldness, their values, their concerns,

their vision of the world. Certain novelties disconcert us and seem to call into question the old schemes on which the world has been built.

In the midst of this turmoil, however, there is a serious concern about how we use the world that God has given us.

Creation is not to be exploited, violated, used according to criteria of selfishness, pride, self-sufficiency, sin. It breeds slavery, injustice, suffering and death. It creates imbalances in the lives of all other created beings that undo this world that God wanted "good".

Is it not in many cases that our rigidity hides the complacency, the installation, the bourgeoisie of those who are afraid of what is new?

What should move us is not the simple concern with the depletion of resources, or with the destruction of the habitable conditions of our planet, but the fraternity that must unite man and the other things created by God. Only in this way can we free all of creation from the selfishness and exploitation in which man has locked it up.

Am I aware that my choices affect my other siblings, as well as the world around me?

Am I aware that the world will be better or worse, according to the choices I make?

We are invited to look at the future of the world and humanity through the eyes of hope. We are not heading towards the holocaust, towards destruction, towards nothingness, but towards the "new heaven and the new earth", which are already in germ present in our history and which, each day, manifest themselves a little more.

I end this moment by praying:

Lord, give us the grace to accept your word of truth and peace, after having recognized it in the events and people we meet on the paths of our life. May we, like Mary, know how to keep and meditate on it in the heart, so that it becomes the life of our life, and that it inspires our thoughts and feelings, our love for You, our charity for our brothers and sisters. Amen.

