# Meditation





### YOU ARE SPIRIT'S CLIMBERS

## The word of the Church

This is a difficult path, for climbers of the Spirit. But, in this daring life program of yours, remember three things: your consecration will not be just a commitment; it will be a help, it will be a support, it will be a love, it will be a beatitude that you can always resort to; a fullness that will make up for any renunciation and that will enable you for that wonderful paradox of charity: to give, to give to others, to give to others to have in Christ.

The second thing you must remember is that you are in the world and you are not of the world, but for the world. You must open to the world the ways of Christian salvation.

The third reality that you must remember is the Church. Be lay people who, with direct experience, can better understand the needs of the earthly Church and perhaps be in a position to discover its defects: do not make them the subject of corrosive and petty criticism; find no pretext in them for separating and being selfishly and disdainfully separated; but draw from them the stimulus for more humble filial assistance and greater love.

Paul VI to the Secular Institutes

# Being a mountaineer of the Spirit:

- It's seeing further and wider;
- It's about making dreams come true and challenging fears;
- It's climbing to infinity and letting yourself be led by the Spirit that makes us take risks and advance each day in a generous and passionate dedication to God at the service of Humanity.

### Reflection

What does it mean to you to be a climber? What are the reasons for you to have hope in times of crisis? What signs does God give you to risk a YES, like Mary?



# I end this moment praying

Prayer Lord, make us courageous people and bearers of hope to proclaim, without fear, that God is worth it. Like Mary, let us hastily run to meet those who live in discouragement, in solitude, paralyzed by fear or laziness. Help us to discover that the Holy Spirit is my natural ally and challenges me to climb the highest mountains.

Amen.



